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Scan the QR Code to go to the county page.

St. Lucie County



Indian River County



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LOCAL AREA EVENTS

YEAR ROUND

- ▶ Fort Pierce Farmers Market - Saturdays
- ▶ Fort Pierce Friday Fest - (1st Friday)
- ▶ St. Lucie County Neighborhood Farmers Market - Sundays

JANUARY

- ▶ Annual Fellsmere Frog Leg Festival
- ▶ Annual Vero Beach Home & Remodel Show - Winter Edition
- ▶ Bark in the Park - Dog & Family Festival - Vero Beach
- ▶ Beers & Gears Car Show - Fort Pierce
- ▶ Cirque Italia Water Circus in Port St. Lucie
- ▶ Frozen for Kids - Vero Beach
- ▶ New Year New Me 5K - Port St. Lucie
- ▶ Port St. Lucie Women's Day
- ▶ Sebastian Riverfront Fine Art & Music Festival
- ▶ Spirit Fest - Metaphysical & Crystal Expo - Port St. Lucie
- ▶ Treasure Coast Food Fest & Craft Fair - Port St. Lucie
- ▶ Treasure Coast Marine Flea Market, Boat Sale & Seafood Fest - Vero Beach
- ▶ A New Beginning Golf Tournament - Fort Pierce

FEBRUARY

- ▶ Annual Motor Car Exhibition - Vero Beach
- ▶ Cracker Trail Rider Parade - Fort Pierce
- ▶ Cupids Dash 5K - Port St. Lucie
- ▶ Highwaymen Heritage Trail Festival - Fort Pierce
- ▶ Taste of Little Italy Festival - Port St. Lucie

MARCH - APRIL

- ▶ FireFighters Fair - Vero Beach
- ▶ River Days Craft Brew Hullabaloo Festival - Sebastian
- ▶ St. Patrick's Day Festival - Port St. Lucie
- ▶ Vero Beach Antique Auto Show
- ▶ Adult Pinewood Derby - Vero Beach
- ▶ BBQ, Jazz & Blues Festival - Fort Pierce
- ▶ Children's Art Festival - Vero Beach
- ▶ Fort Pierce Oyster Fest
- ▶ IRSC Jazz & Blues Festival - Fort Pierce
- ▶ Island Daze - Party for a Cause - Vero Beach
- ▶ Vero Beach Art & Craft Expo
- ▶ Vero Beach Film Festival
- ▶ Vero Beach Spring Home & Remodel Show

MAY - JUNE

- ▶ Friday Fest - Fort Pierce
- ▶ Port St. Lucie Job Fair
- ▶ Annual Water Lily Celebration - Vero Beach
- ▶ Burgers & Brews - Vero Beach
- ▶ Mel Fisher's Treasure Museum Free Admission - Sebastian
- ▶ Vero Beach Film Festival

JULY

- ▶ Boom on the Lagoon - Vero Beach
- ▶ Freedom Fest 4th of July - Port St. Lucie
- ▶ Rock & Rose Beach Party - Vero Beach
- ▶ Sebastians Freedom Festival
- ▶ Stars Over St. Lucie 4th of July - Fort Pierce

AUGUST

- ▶ No Events at the time of publication

SEPTEMBER

- ▶ No Events at the time of publication

OCTOBER

- ▶ Indian River Bird & Nature Art Show - Vero Beach
- ▶ LaPorte Farms Fall Festival - Vero Beach
- ▶ Oktoberfest - Port St. Lucie
- ▶ Treasure Coast Ribs, Wings and Rock Festival - Vero Beach
- ▶ Treasure Coast Wine, Ale & Spirits Trail Festival - Fort Pierce
- ▶ Vero Oktoberfest

NOVEMBER

- ▶ 4-H Fall Farm Festival - Fort Pierce
- ▶ Annual Causeway Cove Boat Show & Marine Flea Market - Fort Pierce
- ▶ Annual Garden of the Lights - Fort Pierce
- ▶ Annual Pointe West Fine Arts Festival - Vero Beach
- ▶ Annual Trot Against Poverty 5K - Vero Beach
- ▶ Beachside Bonfire - Vero Beach
- ▶ Bluegrass Jam - Fort Pierce (Thru December)
- ▶ Downtown Tree Lighting Festival - Vero Beach
- ▶ Fairgrounds Festival of Lights - Fort Pierce
- ▶ Festival of Lights - Fort Pierce (Thru December)
- ▶ Hutchinson Island Car Show & swap Meet - Fort Pierce
- ▶ Holiday Art & Craft Expo - Vero Beach
- ▶ Holiday Vendor Market - Fort Pierce
- ▶ Navy SEAL Museum Muster & Music Festival - Fort Pierce

NOVEMBER CONTD

- ▶ PalmCon - Treasure Coast - Port St. Lucie
- ▶ Port St. Lucie International Fest
- ▶ PSL in Lights - Port St. Lucie
- ▶ Treasure Coast Seafood Festival - Fort Pierce
- ▶ Turkey Trot at Tradition - Port St. Lucie

DECEMBER

- ▶ All Aboard Tradition Tree Lighting - Port St. Lucie
- ▶ Art After Dark - Vero Beach
- ▶ Digg Gardens Annual Holiday Market - Vero Beach
- ▶ Annual St. Lucie Firefighter Autism Awareness Chili Cook Off
- ▶ Christmas Bazaar at Tradition Square - Port St. Lucie
- ▶ Christmas Trunk or Treat - Fort Pierce
- ▶ Festival of Lights - Port St. Lucie
- ▶ Fort Pierce Punk Rock Flea Market
- ▶ Jungle Lights - Vero Beach
- ▶ LaPorte Farms Cowboys Christmas - Vero Beach
- ▶ McKee Jungle Lights - Vero Beach
- ▶ New Years Eve Party - Vero Beach
- ▶ Port St. Lucie Festival of Lights
- ▶ Port St. Lucie Sports Cards & Collectors Show
- ▶ Rotary Kids Triathlon - Vero Beach
- ▶ Sights & Sounds on Second Christmas Parade - Port St. Lucie
- ▶ St. Lucie County Christmas Boat Parade
- ▶ Vero Beach Christmas Parade
- ▶ Winterfest - Vero Beach

* Events are subject to change



Residential Services

ST. LUCIE COUNTY

Airport.....	772-462-1732
Animal Safety, Service & Protection.....	772-465-5770
Area Regional Transit.....	772-462-1100
County Commissioner.....	772-462-1100
Communications.....	772-462-1791
Community Service.....	772-462-1777
County Attorney.....	772-462-1441
Economic Development.....	772-462-2548
Emergency.....	911
Emergency Management.....	772-462-8100
Environmental Resources.....	772-462-2526
Fire Rescue.....	772-621-3400
Information Technology.....	772-462-1100
Library.....Susan Broom Kilmer Branch.....	772-462-1615
Zora Neale Hurston Branch.....	772-462-2154
Lakewood PARK Branch.....	772-462-6870
Paula A Lewis Branch.....	772-871-5470
Morningside Branch.....	772-337-5632
Port St. Lucie Branch.....	772-871-5450
Pruitt Campus Branch.....	772-336-6380
Management & Budget.....	772-462-1100
Mapping & GIS.....	772-462-1553
Marine Safety.....	772-462-1421
Parks & Recreation.....	772-462-1517
Permitting & Zoning.....	772-462-1553
Planning & Development.....	772-462-2822
Public Safety.....	772-462-1100
Public Works.....	772-462-1708
Road & Bridge.....	772-462-1100
Sheriff.....	772-462-7300
Solid Waste.....	772-462-2302
Tourism.....	800-344-TGIF
UF/IFAS Co-Op Extension.....	772-462-1660
Utilities.....	772-462-1150
Veterans Services.....	772-337-5670

INDIAN RIVER COUNTY

Administration.....	772-226-1408
Building & Facilities.....	772-567-8000
Clerk of Court.....	772-226-3100
Community Services.....	772-226-1411
County Attorney.....	772-226-1444
Emergency.....	911
Emergency Management Services.....	772-226-3900
Extension Services.....	772-226-4330
Fire Rescue.....	772-226-3900
Information Technology.....	772-226-1698
Library.....Main Branch.....	772-400-6335
North Branch.....	772-400-6360
Brackett Branch.....	772-400-6385
Management & Budget.....	772-226-1214
Natural Resources.....	772-226-1466
Parks, Rec. & Conservation.....	772-226-1780
Planning & Development.....	772-226-1237
Property Appraiser.....	772-226-1469
Public Transportation.....	772-569-0760
Recycling & Garbage.....	772-226-3212
Sheriff.....	772-569-6700
Soil & Water Conservation.....	772-226-4397
Utilities.....	772-770-5300
Veterans Services.....	772-226-1395



St. Lucie County Florida



Located in the southeastern region of Florida, St. Lucie County is a county that was initially settled by the Ais tribe. This hunter-gatherer society occupied lands stretching from the southern part of the St. Johns River to the St. Lucie Inlet. Spanish explorers often met the formidable tribe while navigating their treasure routes, which ran parallel to take advantage of the powerful Gulf Stream current. The Spanish bestowed several names upon the area, including Rio de Ays, which eventually evolved into Indian River, as well as Santa Lucia, named for a briefly existing Spanish fort from the late 16th century positioned farther south. The area became known as the Treasure Coast after the legendary 1715 sinking of a Spanish treasure fleet off its shores. Before 1905, this region was part of Brevard County, which, interestingly, had been named St. Lucie County from 1844 until its renaming in 1855. In the summer of 1905, St. Lucie County was established from the southern section of Brevard County, with Fort Pierce designated as the county seat.

The 1920s brought a surge in land speculation and ambitious developments like Indrio and San Lucie, which ultimately did not materialize due to the economic downturn in 1929. During World War II, Fort Pierce became home to the United States Naval Amphibious Training Base, situated on North and South Hutchinson Island. Throughout its operation, the base processed over 140,000 troops. According to the 2020 census, the county's population stood at 329,226.

St. Lucie County Communities

Cities

Fort Pierce - County Seat - 47,297
Port St. Lucie - 204,851

Census Designated Places

Fort Pierce North - 6,904
Fort Pierce South - 5,062
Hutchinson Island South - 4,988
Indian River Estates - 6,220
Lakewood Park - 11,323
River Park - 5,222
White City - 3,719

Towns

St. Lucie Village - 613

Unincorporated Communities

Viking

**Populations are approximate.*

Fort Pierce

Located in St. Lucie County, Florida, Fort Pierce serves as the county seat and is recognized as part of Atlantic Coast Florida's Treasure Coast region. Often referred to as the Sunrise City, it derives its name from the nearby Fort Pierce Army post, established in 1838 amidst the Second Seminole War and operational until 1842. The military installation was named in honor of Benjamin Kendrick Pierce, a United States Army officer and the sibling of President Franklin Pierce. The establishment of the city's first permanent settlement occurred in the 1860s. Official municipal incorporation took place in 1901. For many years, from its incorporation until 1970, Fort Pierce held the title of the largest city along Florida's Atlantic Coast between Daytona Beach and West Palm Beach, until it was overtaken by Melbourne. According to the 2020 census, Fort Pierce's population stood at 47,297.

Port St. Lucie

Located in St. Lucie County, Florida, Port St. Lucie is the county's most populated municipality. The city's name, "St. Lucie," is traced back to a settlement near Jupiter Inlet, established on St. Lucia's day in 1566. Over time, due to various mistakes, this name became linked to the current town of St. Lucie Village, which lies north of present-day Port St. Lucie. Following "La Florida" and "St. Augustine," it holds the distinction of being one of the oldest European place names still in use in the United States. In the early 1890s, an initial pioneer community known as Spruce Bluff emerged along the St. Lucie River, featuring several families, a school, a post office, a pineapple plantation, and a sawmill. The area where this settlement once existed is now included in the Spruce Bluff Preserve. The preserve, which also houses an old cemetery from the former settlement, offers hiking trails, canoe access, observation spots, and a prehistoric Ais Indian mound located at its southern end. Through the 1950s, the area that would later develop into Port St. Lucie was primarily an uninhabited region south of White City, characterized by a fishing camp along the St. Lucie River. Port St. Lucie officially incorporated as a city on April 27, 1961, following the enactment of House Bill No. 953, introduced by State Representative Rupert Smith and sanctioned by Florida Governor C. Farris Bryant. According to the 2020 census, Port St. Lucie had a population of 204,851.

Indian River County Florida



Indian River County is situated in the southeast and east-central regions of Florida. Before 1821, this territory was included in the Spanish colony of East Florida. In 1822, it was incorporated into St. Johns County, and later, in 1824, it became part of Mosquito County, which is the former name of Orange County.

The Second Seminole War occurred in 1835 and then again from 1838 to 1839, during which Fort Vinton was constructed near where Florida State Road 60 intersects with 122nd Avenue. By 1844, the section of Mosquito County that belonged to the county transitioned into the newly established St. Lucie County. In 1855, St. Lucia County was renamed Brevard County. Then, in 1905, St. Lucie County was created from the southern segment of Brevard County, and in 1925, Indian River County was established, taking shape from the northern area of St. Lucie County. The county was named after the Indian River, which flows through its eastern side. According to the 2020 census, the population of Indian River County stood at 159,788.

Indian River County Communities

Cities

Fellsmere - 4,834
Sebastian - 25,054
Vero Beach - County Seat - 16,354

Towns

Indian River Shores - 4,241
Orchid - 516

Census Designated Places

Florida Ridge - 18,164
Gifford - 5,511
Roseland - 1,775
South Beach - 3,501
Vero Beach South - 23,092
Wabasso - 609
Wabasso Beach - 1,853
West Vero Corridor - 10,039
Windsor (formerly North Beach) - 256
Winter Beach - 2,067

Other Unincorporated Communities

Blue Cypress Village
Citrus Ridge
Cummings
Nevins
Oslo
Riomar
Royal Poinciana Park
Vero Lakes Estates

**Populations are approximate.*

Fellsmere

Fellsmere, located in Indian River County, Florida, is noteworthy for becoming the first municipality in both Florida and anywhere south of the Mason-Dixon line to allow women the right to vote in 1915. Simultaneously, it was also the site of the inaugural election in which corporations were permitted to participate in voting. Mrs. Zena M. Dreier made history as the first woman to vote in the city, while E. Nelson Fell represented his company, Fellsmere Farms, in casting a vote. In February 1915, the city adopted a charter that instituted these rights, which was subsequently ratified by the state legislature, albeit without any acknowledgment of this specific provision. This occurred even though various statewide measures for suffrage had failed to pass in the legislature that year. It wasn't until five years later, in August 1920, that women's suffrage was recognized nationally in the United States with the ratification of the 19th Amendment. According to the 2020 census, the population of Fellsmere was 4,834.

Sebastian

Sebastian, located in Indian River County, Florida, was historically a fishing village dating back to the 1870s. In 1715, a tempest struck the Treasure Coast, leading to the sinking of several Spanish vessels from the renowned 1715 Treasure Fleet, which were laden with riches. It is believed that only a fraction of the treasure has been recovered, with estimates valuing the lost cargo at over \$500 million.

In the early 1880s, settlers David Peter Gibson and Thomas New arrived in the region. New attempted to establish a post office called New Haven but faced legal issues due to inappropriate conduct as postmaster, resulting in his removal. Officially, the town was founded in 1882 and named St. Sebastian in honor of Saint Sebastian. Although the prefix "St." was later dropped from the town's name, it remained part of the river's name. Sebastian achieved city status in 1923, and according to the U.S. Census Bureau, its population in 2020 was recorded at 25,054.

Vero Beach

Vero Beach serves as both a city and the county seat for Indian River County in Florida. In 1915, remains of a human skeleton were discovered north of Vero alongside Pleistocene animal fossils. This discovery sparked considerable debate, leading to the belief that the human bones were from a later period than the Pleistocene, a notion that held sway for many years. However, in 2006, a carved image of either a mastodon or a mammoth was found near the original Vero Man discovery, and forensic analysis suggested that the carving was likely made during the Pleistocene era.

In 1715, a fleet of Spanish treasure ships met their demise off Vero's coast, with eleven out of twelve vessels laden with silver succumbing to a hurricane. This sunken treasure attracted pirates, and a band of 300 unemployed English privateers, led by Henry Jennings, managed to seize approximately £87,500 in gold and silver during their early acts of piracy. To this day, coins from that event continue to wash ashore.

In 1872, Captain Allen W. Estes formalized the first land patent between the Atlantic Ocean and the Indian River Lagoon after arriving in the area in 1870. The Florida East Coast Railway, owned by Henry Flagler, commenced operations through Vero in 1893. On June 10, 1919, the town of Vero was officially chartered with a population of just 71 residents.

The town was subsequently renamed "Vero Beach" and transitioned from being part of St. Lucie County to the county seat of Indian River County on May 19, 1925, during its establishment. While there are numerous theories regarding the origins of the city's name, none has gained universal agreement. According to the 2020 census, Vero Beach had a population of 16,354.

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Beaches

ST. LUCIE COUNTY BEACHES

• Avalon State Park Beach Access

State Road A1A North, Fort Pierce

• Blind Creek Beach South

5460 South Ocean Drive, Fort Pierce

• Blue Heron Beach

2101 Blue Heron Boulevard, Fort Pierce

• Dollman Park ~ Beachside

9200 South Ocean Drive, Jensen Beach, 772-462-1692

• Frederick Douglass Memorial Park

3500 Florida A1A, Fort Pierce, 772-462-1692

• Fort Pierce Inlet State Park

905 Shorewinds Drive, Fort Pierce

• Gulfstream Avenue Beach Access

South Ocean Drive & Gulfstream Avenue, Fort Pierce

• Herman's Bay Beach

7880 South Ocean Drive, Jensen Beach, 772-462-1692

• John Brooks Beachside Park

3300 South Ocean Drive, Fort Pierce

• Middle Cove Beach Park

4600 South Ocean Drive, Fort Pierce

• Normandy Beach Park

8550 South Ocean Drive, Jensen Beach, 772-462-1692

• Ocean Bay Beachside Park

7600 South Ocean Drive, Jensen Beach

• Pepper Beach Park

3302 North A1A, Fort Pierce, 772-462-2110

• Porpoise Avenue Beach Access

South Ocean Drive & Porpoise Avenue, Fort Pierce

• South Beach Park

Closest intersection is; South Ocean Drive & Crestview Drive, Fort Pierce

• South Causeway Park

Northeastern side of the bridge / causeway
This road may be called; A1A ~ Seaway Drive ~ North Ocean Boulevard, Fort Pierce

• SurfSide / Kimberly Bergalis Memorial Park

South Ocean Drive & Indialantic Drive, Fort Pierce

• Walton Rocks ~ (Dog Park/ Beach)

South Ocean Drive, Jensen Beach

• Waveland Beach Park

10350 South Ocean Drive, Jensen Beach



INDIAN RIVER COUNTY BEACHES

• Amber Sands Beach Access

12566 North A1A, Vero Beach

• Golden Sands Beach Park

10350 North A1A, Wabasso Beach

• Humiston Park

Ocean Drive and Easter Lily Lane, Vero Beach

• Jaycee Park

4200 Ocean Drive, Vero Beach

• Riomar Beach Access

Ocean Drive & Riomar Drive, Vero Beach

• Round Island Beach Park

Just south on A1A from the intersection of; Florida A1A & 23rd Street SE, South Beach

• Seagrape Trail Beach Access

8302 North Highway A1A, Wabasso Beach

• Sexton Plaza

Beachland Boulevard & Ocean Drive, Vero Beach

• South Beach Park

East Causeway Boulevard & Ocean Drive, Vero Beach

• Tracking Station Beach Park

800 46th Place, Vero Beach

• Treasure Shores Beach Park

11300 Highway A1A, Vero Beach

• Turtle Trail Beach Access

Closest intersection is: Florida A1A & River Club, Indian River Shores

• Wabasso Beach Park

1820 County Road 510 & A1A, Wabasso Beach

ST. LUCIE COUNTY/CITY PARKS, PRESERVES, WILDLIFE MANAGEMENT AREAS & STATE PARKS

Avalon State Park

State Road A1A North | Fort Pierce |
772-468-3985

Clover Park

31 Piazza Dr. | Port St. Lucie | 772-871-5476

D.J. Wilcox Riverside Preserve

399 Wilcox Road | Fort Pierce

Elks Park

2501 Delaware Ave. | Fort Pierce |
772-462-2110

Fort Pierce Inlet State Park

905 Shorewinds Drive | Fort Pierce |
772-468-3985

Harbour Pointe Park

1 Avenue M Extension | Fort Pierce

Horatio Grisby Park

1506 Avenue M | Fort Pierce

Ilois Ellis Park / Arthur Lee Boatwright

Pool

1311 Avenue M | Fort Pierce | 772-462-2110

Jaycee Park

South Ocean Drive & Melaleuca Drive |
Fort Pierce

John B. Park Sports Complex

1302 Virginia Ave. | Fort Pierce

Lakewood Neighborhood Park

6102 Kings Hwy. | Fort Pierce

Lakewood Regional

5990 Emerson Ave. | Fort Pierce |
772-462-2110

Lincoln Park Recreation Area / Community Center

1306 Ave. M | Fort Pierce | 772-462-2110

Little Jim Bridge Park

601 North Causeway Drive | Fort Pierce |
Near the eastern end of the North Causeway
Bridge

North Causeway Island Park

North Causeway Drive | Fort Pierce

Paradise Park

2020 Juanita Ave. | Fort Pierce |
772-462-2159

Pepper Park

3302 North A1A | Fort Pierce

Roy & Janice McGriff Park

2508 Juanita Ave. | Fort Pierce |
772-462-2110

Savannas Recreation Area

1400 E Midway Rd. | Fort Pierce |
772-464-7855

South County Regional Sports Complex

560 NW University Blvd. | Port St. Lucie |
772-462-2110

Veterans Park at Rivergate

2200 S.E. Veterans Memorial Parkway |
Port St. Lucie

Walton Scrub Preserve

10809 South Indian River Drive | Fort Pierce

Weldon B Lewis Park

4650 Oleander Ave. | Fort Pierce |
772-462-2110

White City Park

2081 W. Midway Road | Fort Pierce

Wildcat Cove Preserve

3399 North SR A1A | Fort Pierce

INDIAN RIVER COUNTY/CITY PARKS, PRESERVES, WILDLIFE MANAGEMENT AREAS & STATE PARKS

Archie Carr National Wildlife Refuge:

Northern Boundary:

Golden Sands Beach Park

10350 North A1A | Wabasso Beach

Southern Boundary: Coconut Point Park

3535 South A1A | Melbourne Beach

A.W. Young Park

Closest intersection is; Vero Isles Drive and
Park Avenue | Vero Beach

Bethel Creek House

4405 SR A1A | Vero Beach | 772-567-2144

Dale Wimbrow Park

11805 Roseland Road | Sebastian

MacWilliam Park

Indian River Drive East & Bridge Plaza Drive |
Vero Beach | 772-567-2144

Pelican Island National Wildlife Refuge

Sebastian

Riverside Park

3001 Riverside Park Drive | Vero Beach

Riverview Park

Harrison Street & Indian River Drive |
Sebastian

Roseland Community Center and Park

Bay Street and 129th Place | Roseland

Sebastian Inlet State Recreation Area

9700 South A1A | Melbourne Beach |
321-984-4852

Wabasso Causeway Park

1820 Wabasso Beach Rd. | Vero Beach

Disc golf or frisbee golf is played a lot like traditional ball golf but instead of hitting a ball with a club into a hole the player throws a frisbee into a basket. Disc golf can be played by just about anyone at any age. It's also a cheap sport to get into. Specialized frisbees for disc golf cost around \$10-\$15 and a lot of courses are free. Playing disc golf is a great way to get out for some exercise, enjoy nature and have some fun.

Disc Golf



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ONLINE MENU



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--- JOE'S WIFE

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--- ANN MARIE

"I delivered my daughter at HCA. My experience at HCA was INCREDIBLE. Top notch experience! If I have another baby, HCA will be my first choice for a labor and delivery hospital."

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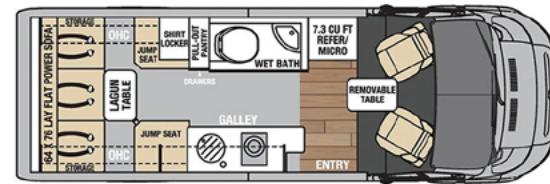
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13906 W. Colonial Dr.
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280 Destination Daytona Ln.
Ormond Beach, FL 32174
(386) 239-1110

PALM BAY
1355 Culver Dr NE #1178
Palm Bay, FL 32907
(321) 541-2205

You can purchase hunting and fishing licenses online <https://myfwc.com>, or call Fishing 888-347-4356, Hunting 888-486-8356 or visit one of the FWC agents available throughout the area:

INDIAN RIVER COUNTY

Indian River TC - Sebastian

1921 Us Hwy #1
Sebastian, FL 32958
772-226-1401

WalMart #1068

2001 Us Hwy 1
Sebastian, FL 32958
(772) 589-8528

Indian River TC - Vero Beach - 27th St

1800 27th Street
Vero Beach, FL 32960
772-226-1401

Indian River TC - Vero Beach - 82nd Ave

1860 82nd Ave, Suite 102
Vero Beach, FL 32966
772-226-1401

Professional Outfitters, Inc

1204 S US Hwy 1
Vero Beach, FL 32962
772-569-3666

WalMart #931

5555 20th Street
Vero Beach, FL 32966
772-778-6677

Indian River TC - Beach Office

3003 Cardinal Drive Suite C
Vero Beach, FL 32963
772-226-1401

West Marine #5506

474 - 21st Street
Vero Beach, FL 32960
772-562-2166

ST. LUCIE COUNTY

WalMart #973

5100 Okeechobee Rd
Ft Pierce, FL 34947
772-468-0880

West Marine #1319

1463 South US Hwy 1
Ft. Pierce, FL 34950
772-828-4170

WalMart #929

10855 S Us Hwy #1
Port St Lucie, FL 34952
772-335-5359

WalMart #3527

1675 St Lucie West Blvd
Port St Lucie, FL 34986
772-873-2221

WalMart #4260

1850 Sw Gatlin Blvd.
Port St Lucie, FL 34953
772-336-8212

HURRICANE SAFETY

Top Five Tips

1. STAY INFORMED

2. SECURE YOUR HOME

3. FOLLOW EVACUATION

ORDERS & GUIDELINES

4. EMERGENCY SUPPLIES

5. EVACUATION PLANNING

If authorities issue evacuation orders, follow them promptly. Delaying evacuation can put your life and the lives of emergency responders at risk. They have the most up-to-date information on the storm and can provide guidance on the safest course of action. Remember that each hurricane is unique, so it's essential to stay informed and adapt your plans accordingly. Preparedness and early action are key to minimizing risks and ensuring the safety of yourself and your loved ones during a hurricane.

CAT 5
157+MPH

HURRICANE CATEGORIES

CAT 1-2
74-110MPH

CAT 3-4
110-156MPH

The Highest Recorded Wind Speed of a Hurricane is 215 mph

For specific zone areas, dates & details check online:
<https://myfwc.com>, Telephone: (850) 488-4676,
 or scan the QR code.



Recreational Freshwater or Saltwater Fishing License Prices:

Resident Annual: \$17.00
 Resident Five-Year: \$79.00
 Non-Resident Annual: \$47.00
 Non-Resident 3-Day: \$17.00
 Non-Resident 7-Day: \$30.00
 Resident Annual Saltwater Shoreline License: No-Cost
 Annual Resident Military Gold Sportsman's License: \$20.00
 Annual Resident Gold Sportsman's License: \$100.00
 Five-Year Resident Gold Sportsman's License: \$494.00
 Annual Resident Silver Sportsman's 64+: \$13.50
 Five-Year Resident Silver Sportsman's 64+: \$61.50
 Resident Youth Fishing License: \$17.00
 Resident Youth Gold Sportsman's License (available with completion of hunter education requirements): \$100.00

Promotional Prices, Freshwater or Saltwater:

Annual Gold Sportsman - \$50.75, plus applicable fees
 5-year Gold Sportsman - \$247.75, plus applicable fees
 Lifetime Sportsman:
 Age 0-4 - \$201.50, plus applicable fees
 Age 5-12 - \$351.50, plus applicable fees
 Ages 13-64 - \$501.50, plus applicable fees

License-free Freshwater Days

First consecutive Saturday & Sunday in April
 Second consecutive Saturday & Sun. in June

License-Free Saltwater Days

First consecutive Saturday & Sunday in June
 First Saturday in September
 Saturday following Thanksgiving

Shop. Dine. Play. Stay. **LOCALLY** and help support businesses throughout your area.

ONE DAY BAG LIMITS FOR FRESHWATER GAME FISH:

5 Black Bass (including largemouth, suwannee, spotted, choctaw & shoal bass, individually or in total), only one of which may be 16 inches or longer in total length. There is no minimum length limit for largemouth bass.

* No person shall kill or possess any Suwannee, shoal, spotted, or Choctaw bass that is less than 12 inches in total length.

* Chipola River and its tributaries: No person shall kill or possess shoal bass on the Chipola River or its tributaries. Any shoal bass that are caught must be released immediately.

20 Striped Bass, white bass, & sunshine bass (individually or in total), of which only 6 may be 24 inches or longer in total length.
 * In the Suwannee River, areas north & west of the Suwannee River, & in any tributary, creek or stream of the Suwannee River: the bag limit for striped bass is 3, each of which must be at least 18 inches in total length (20 fish combined bag limit).

* In the lower Ochlockonee River (downstream of the Jackson Bluff dam to Ochlockonee Bay): the bag limit for striped bass is 3, only one of which may be 24 inches or longer in total length. There is no minimum length limit (20 fish combined bag limit).

50 Panfish including bluegill, redear sunfish (shellcracker), flier, longear sunfish, mud sunfish, shadow bass, spotted sunfish (stumpknocker), warmouth & redbreast sunfish, individually or in total.

25 Crappie (speckled perch).

2 Butterfly Peacock Bass, only one of which may be 17 inches or longer in total length.

10 Alabama Shad, american shad, hickory shad, & blueback herring (individually or in total), which may only be taken with hook & line gear.

25 American Eels, must be nine inches or greater in total length. The recreational bag limit for american eels is 25 per angler per day. Wholesale/retail purchase exemption. Recreational anglers purchasing american eel as bait may possess more than the legal bag limit provided that the eels were purchased from a licensed dealer.

For more information check online: <https://myfwc.com>, Telephone: (850) 488-4676, or scan the QR code.



ST. LUCIE COUNTY

- ▶ **Bear Point Sanctuary Fishing Piers**
2601 South Ocean Drive, Fort Pierce
- ▶ **Black Pearl Boat Ramp Fishing Pier**
414 Seaway Drive, Fort Pierce
- ▶ **D.J. Wilcox Riverside Preserve Fishing Pier**
399 Wilcox Road, Fort Pierce
- ▶ **Jetty on South Side Fort Pierce Inlet (Paved)**
Seaway Drive & North Ocean Boulevard (A1A), Fort Pierce
- ▶ **Little Jim Fishing Pier**
601 North Causeway Drive, Fort Pierce
- ▶ **Pepper Park Riverside Fishing Piers**
3302 North A1A, Fort Pierce
- ▶ **River Park Marina Fishing Piers / Docks**
500 East Prima Vista Boulevard, Port St Lucie
- ▶ **South Causeway Park Fishing Pier**
A1A / Seaway Drive / North Ocean Boulevard, Fort Pierce
- ▶ **Veterans Park Fishing Pier**
2200 Southeast Veterans Memorial Parkway, Port St. Lucie
- ▶ **Wildcat Cove Preserve Docks / Piers**
3399 North SR A1A, Fort Pierce
- ▶ **Vitolo Family Preserve North Fishing Pier**
4101 South Ocean Drive, Fort Pierce

INDIAN RIVER COUNTY

- ▶ **45th Street Dock ~ AKA ~ Gifford Dock**
Closest intersection is: Indian River Blvd. & 45th Street, Gifford
- ▶ **Main Street Fishing Pier**
Main Street & Indian River Drive, Sebastian
- ▶ **Riverside Park & Fishing Pier**
3001 Riverside Park Drive, Vero Beach
- ▶ **Riverview Park & Fishing Pier**
Harrison Street & Indian River Drive, Sebastian
- ▶ **Round Island Fishing Pier ~ Dock**
Just south on A1A from the intersection of; Florida A1A & 23rd Street SE, South Beach
- ▶ **Royal Palm Pointe Fishing Pier**
2 Royal Palm Boulevard, Vero Beach
- ▶ **Sebastian Yacht Club & Fishing Pier**
820 Indian River Drive, Sebastian, 772-589-5330
- ▶ **Sebastian Inlet State Recreation Area ~ Intracoastal side**
9700 South A1A, Melbourne Beach

ST. LUCIE COUNTY

- ▶ **Black Pearl ~ Museum Pointe Boat Ramp**
414 Seaway Drive, Fort Pierce
- ▶ **Blind Creek Preserve Boat Ramp & Hand Launch**
Blind creek preserve boat ramp fort pierce Approx 1.9 miles north of the power plant on A1A, Fort Pierce
- ▶ **Fort Pierce City Boat Ramp / Seven Gables / Manatee Ramp**
482 North Indian River Drive, Fort Pierce
- ▶ **Jaycee Park Boat Ramp**
South Ocean Drive & Melaleuca Drive, Fort Pierce
- ▶ **North Causeway Island Boat Ramp and Park**
500 North Causeway Drive, Fort Pierce, 772-462-2100
- ▶ **River Park Marina / Boat Ramp**
500 East Prima Vista Boulevard, Port St Lucie
- ▶ **South Causeway Park and Boat Ramp**
A1A / Seaway Drive / North Ocean Boulevard, Fort Pierce
- ▶ **Stan Blum Boat Ramp**
613 North Causeway Drive, Fort Pierce
- ▶ **Veterans Park at Rivergate Boat Ramp**
2200 S.E. Veterans Memorial Parkway, Port St Lucie
- ▶ **White City Park Boat Ramp**
2081 W. Midway Road, Fort Pierce

INDIAN RIVER COUNTY

- ▶ **Dale Wimbrow Park and Boat Ramp**
11805 Roseland Road, Sebastian
- ▶ **Donald MacDonald Boat Ramp**
12315 Roseland Road, Roseland
- ▶ **MacWilliams Park Boat Ramp**
River Drive East & Bridge Plaza Drive, Vero Beach, 772-567-2144
- ▶ **Main Street Boat Ramp**
1300 Indian River Drive, Sebastian
- ▶ **Oslo Boat Ramp**
Closest intersection is: 9th Street SE & US1, Vero Beach
- ▶ **Riverside Park Boat Ramp**
3001 Riverside Park Drive, Vero Beach
- ▶ **Round Island Beach Park Boat Ramp**
2390 Highway A1A South, Vero Beach
- ▶ **Sebastian Yacht Club Boat Ramp**
820 Indian River Drive, Sebastian
- ▶ **Sebastian Inlet State Recreation Area**
9700 South A1A, Melbourne Beach, 321-984-4852
- ▶ **Wabasso Causeway Park**
3105 CR 510, Vero Beach

Treasure Coast

The Rich History of the Treasure Coast

The Treasure Coast is steeped in a rich tapestry of history that draws visitors not just for its stunning beaches and lush landscapes, but also for its fascinating past that echoes through its towns and landmarks. The name “Treasure Coast” itself is rooted in the lore of shipwrecks and lost treasures, dating back to the 1715 Spanish treasure fleet that met its fate just off the coast, leaving behind a legacy of gold and silver that continues to captivate treasure hunters and historians alike.

As you stroll through the charming streets of towns like Vero Beach, Fort Pierce, and Stuart, you’ll encounter remnants of this storied past. Historic buildings, some dating back to the 19th century, stand as testaments to the region’s development and resilience. The Elliott Museum in Stuart, for instance, showcases not only vintage cars and memorabilia but also beautifully preserved artifacts that tell the story of the area’s maritime history and the indigenous peoples who called this land home long before European explorers arrived.

In addition to its maritime lore, the Treasure Coast is home to a wealth of Native American history. The Ais and other tribes thrived along the coastal waters, and today, archaeological sites and cultural centers provide insight into their rich heritage. Visitors can explore the fascinating exhibits at the St. Lucie County Historical Museum, where artifacts and stories illustrate the region’s indigenous roots, early settlers, and significant events that shaped the community.

Exploring the Treasure Coast means delving into the past—whether it’s through guided historical tours, visiting local museums, or simply enjoying the architecture and stories that surround you. Each town has its unique flavor, combining coastal charm with a nod to its vibrant history, inviting you to uncover the hidden gems that make the Treasure Coast a truly enchanting destination.

The Natural Beauty of the Coastline

Florida’s Treasure Coast is a breathtaking tapestry of natural beauty, where the azure waters of the Atlantic Ocean kiss the pristine sandy beaches, creating an idyllic playground for nature lovers and adventure seekers alike. Stretching along the southeastern coast, this hidden gem is characterized by its unspoiled shorelines, lush landscapes, and vibrant ecosystems that beckon visitors to explore their wonders.

As you stroll along the captivating beaches, you’ll be greeted by soft, powdery sands that glisten in the sunlight, inviting you to sink your toes in and bask in the warmth of the Florida sun. The gentle sound of waves lapping against the shore provides a soothing backdrop, while the sight of seabirds gliding gracefully overhead adds to the serene

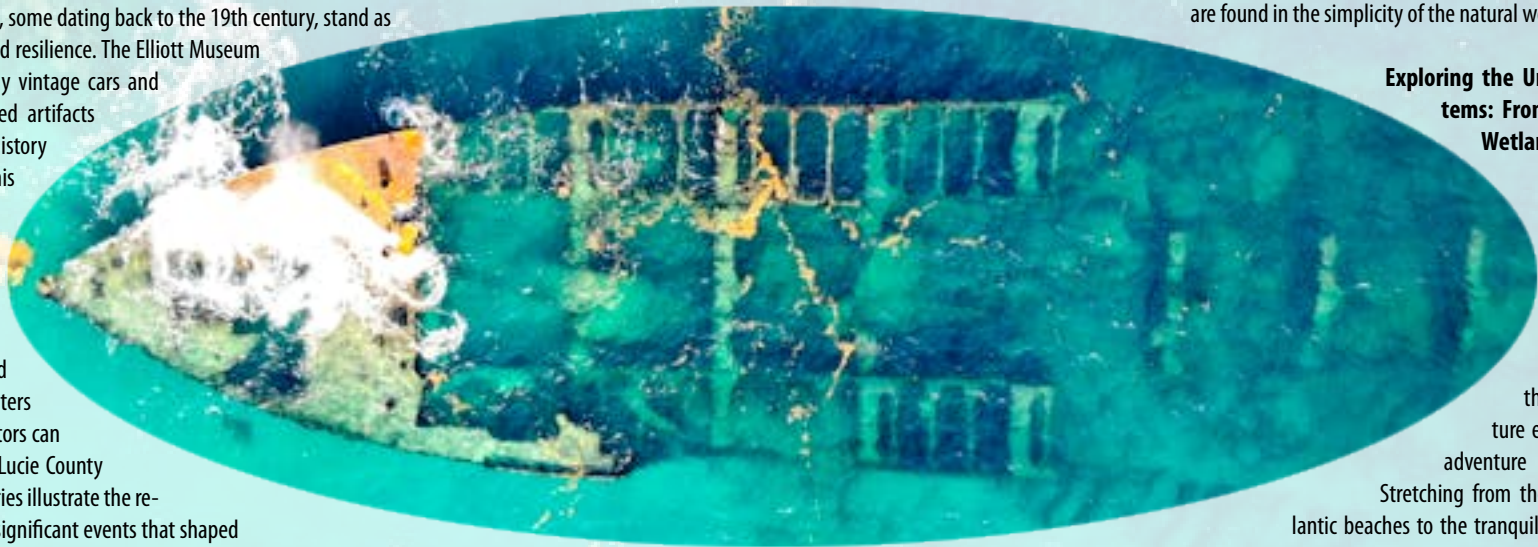
atmosphere. Whether you’re lounging under a colorful umbrella or taking a leisurely walk to collect seashells, the coastline offers a sense of tranquility that is truly rejuvenating.

But the natural beauty of the Treasure Coast extends far beyond its stunning beaches. The region is home to an abundance of coastal parks and wildlife refuges, such as the renowned Jonathan Dickinson State Park and the St. Lucie Inlet Preserve State Park. Here, you can wander through lush mangroves, hike along scenic trails, and witness the vibrant flora and fauna that thrive in these protected habitats. Keep your eyes peeled for dolphins frolicking in the surf, manatees gliding gracefully through the waters, and a diverse array of bird species that call this paradise home.

Additionally, the Treasure Coast is dotted with picturesque estuaries and lagoons, offering the perfect backdrop for kayaking and paddleboarding. Glide through the calm waters, surrounded by the sights and sounds of nature, and discover hidden coves and secluded spots that are off the beaten path. As you navigate these tranquil waterways, you may encounter playful fish, curious turtles, and even the occasional glimpse of a majestic pelican diving for its next meal.

Overall, the natural beauty of Florida’s Treasure Coast is a feast for the senses, where every sunrise paints the sky in hues of pink and orange, and every sunset offers a breathtaking display of colors reflected on the water. Whether you’re seeking adventure, relaxation, or simply a moment to connect with nature, this enchanting coastline is sure to

leave you in awe, reminding you that sometimes the most extraordinary treasures are found in the simplicity of the natural world.



Exploring the Unique Ecosystems: From Beaches to Wetlands

The Treasure Coast of Florida is a captivating blend of diverse ecosystems that beckon nature enthusiasts and adventure seekers alike.

Stretching from the stunning Atlantic beaches to the tranquil wetlands, this region boasts a rich tapestry of natural habitats, each offering unique experiences and opportunities for exploration.

Begin your journey along the pristine beaches, where soft, golden sands meet the gentle waves of the Atlantic Ocean. Here, you can bask in the sun, collect seashells, or witness the breathtaking spectacle of sea turtles nesting along the shore. These beaches are not only perfect for sunbathing and swimming, but they also serve as critical habitats for various wildlife, making them an essential part of the coastal ecosystem.

As you venture inland, the landscape transforms dramatically into lush wetlands, home to a vast array of flora and fauna. The Indian River Lagoon, one of the most biodiverse estuaries in North America, is a must-visit. Kayaking or paddleboarding through its serene waters allows you to observe manatees grazing on seagrass, dolphins playfully surfacing, and a variety of bird species, including herons and egrets, gracefully wading in the shallows. The sounds of nature envelop you, creating a tranquil backdrop that invites exploration.

Further inland, the region’s unique ecosystems continue to unfold. The vibrant landscapes of the savannas and pine flatwoods are dotted with wildflowers and the occasional gopher tortoise burrow. These ecosystems are vital for maintaining the ecological balance, supporting various wildlife and plant species endemic to the region. Trails weave through these areas, perfect for hiking and immersing yourself in the natural beauty that surrounds you.

Treasure Coast

continued

Each ecosystem on Florida's Treasure Coast tells a story of resilience and diversity, showcasing the importance of preservation and appreciation for the natural world. As you explore these unique landscapes, you'll gain a deeper understanding of the rich ecological tapestry that makes this region one of Florida's true hidden gems. Whether you're an avid birdwatcher, a beachcomber, or simply someone seeking a moment of tranquility in nature, the Treasure Coast offers a wealth of experiences that will leave you enchanted.

Outdoor Adventures: Kayaking, Fishing, and Hiking

The Treasure Coast is not just a destination for sunbathers and beachgoers; it's a playground for outdoor enthusiasts eager to explore its diverse natural landscapes. With its pristine waterways, lush coastal ecosystems, and scenic trails, the area offers an array of exhilarating activities that cater to adventurers of all skill levels.

Kayaking is one of the top ways to experience the stunning beauty of Florida's Treasure Coast. Paddle through the serene waters of the Indian River Lagoon, where you're likely to encounter dolphins playing in the surf and manatees gliding gracefully beneath your kayak. The lagoon is rich in biodiversity, making it a dream for nature lovers. As you navigate through mangroves and salt marshes, keep your eyes peeled for colorful bird species like herons and egrets, all while soaking in the tranquility of this coastal paradise.

For those drawn to the thrill of fishing, the Treasure Coast is a true angler's haven. Whether you prefer deep-sea fishing in the Atlantic Ocean or casting a line from one of the many local piers, the waters here are teeming with a variety of fish, including snook, tarpon, and grouper. Hire a local charter for a guided experience or simply grab your gear and head to one of the area's numerous fishing spots. The camaraderie of fellow fishermen and the anticipation of a big catch make for an unforgettable day on the water.

Hiking enthusiasts will find plenty of trails that showcase the region's captivating scenery. From the lush, shaded paths of the Savannas Preserve State Park to the breathtaking views along the coastal dunes of Hobe Sound National Wildlife Refuge, the Treasure Coast offers hiking trails that range from easy strolls to more challenging treks. Each step brings you closer to the unique flora and fauna of Florida, with opportunities to spot wildlife, discover hidden lagoons, and enjoy panoramic views of the Atlantic Ocean.

Whether you're gliding through the calm waters in a kayak, casting a line into the surf, or exploring scenic trails on foot, outdoor adventures on Florida's Treasure Coast promise to create lasting memories. Embrace the natural beauty of this region, and let the great outdoors rejuvenate your spirit while you uncover the hidden gems that make this destination truly special.

Unique Wildlife Encounters and Birdwatching Opportunities

Florida's Treasure Coast is not just a haven for sun-seekers and beach lovers; it also offers a rich tapestry of unique wildlife encounters and exceptional birdwatching opportunities that make it a must-visit destination for nature enthusiasts. This region is home to a diverse array of ecosystems—from lush mangroves and serene estuaries to expansive wetlands and pristine beaches—each providing a sanctuary for both native and migratory species.

As you explore the winding trails of the Indian River Lagoon, you'll find yourself surrounded by a vibrant cast of wildlife. Keep your eyes peeled for playful dolphins dancing in the water, manatees gliding gracefully through the shallows, and the occasional loggerhead sea turtle making its way to shore. The lagoon is a biodiversity hotspot, boasting over 4,300 species of plants and animals, making every visit a potential discovery.

For birdwatchers, the Treasure Coast is nothing short of paradise. The region is designated as an Important Bird Area by the National Audubon Society, and for good reason. With habitats that attract a plethora of birds, you're likely to spot everything from majestic ospreys soaring above the water to colorful roseate spoonbills wading in the wetlands. The seasonal migration brings an even greater variety, including herons, egrets, and the elusive black-crowned night heron.



One of the best ways to experience this avian abundance is through guided eco-tours, which often provide expert insights into the local fauna while leading you to the best viewing spots. Additionally, several nature reserves and parks, such as the Savannas Preserve State Park and the St. Lucie Inlet Preserve State Park, offer well-maintained trails and observation platforms that maximize your chances of encountering these feathered friends.

Whether you're an avid birdwatcher armed with binoculars or simply a curious traveler eager to experience Florida's natural beauty, the Treasure Coast promises unforgettable wildlife encounters that will leave you in awe. So, grab your camera, embrace the tranquility of nature, and prepare to be captivated by the remarkable wildlife that calls this coastal gem home.

The Thrill of Treasure Hunting: Shipwrecks and Artifacts

The allure of Florida's Treasure Coast is not just in its sun-kissed beaches and vibrant coastal towns; it lies in the whispers of history that echo from the depths of the Atlantic Ocean. This region, famously known for its treasure-laden shipwrecks, invites adventure seekers and history buffs alike to embark on a thrilling hunt for lost artifacts and sunken treasures.

Imagine standing on the shoreline, the salty breeze tangling in your hair, as you scan the horizon for signs of the past. The Treasure Coast earned its name due to the numerous shipwrecks that took place here, particularly during the infamous Spanish treasure fleet disaster in 1715. As you stroll along the beach, you might just stumble upon a glimmering piece of gold or silver, remnants of a bygone era. Local treasure hunters often share tales of their discoveries—Spanish coins, jewelry, and even navigational instruments—that have washed ashore over the centuries.

For the more adventurous, guided treasure hunting excursions are available, where expert marine archaeologists lead groups through the waters that conceal the remnants of history. Equipped with metal detectors and diving gear, these expeditions take you beneath the waves, where you can search for artifacts that have remained hidden for hundreds of years. The thrill of unearthing something that has lain untouched for generations is unmatched—a tangible connection to history that few experiences can rival.

Additionally, museums like the Mel Fisher Maritime Museum in nearby Sebastian showcase incredible finds and provide insight into the rich maritime history of the region. Here, you can learn about the techniques used to recover these treasures and the stories behind the ships that once sailed these waters, filled with priceless cargo.

Whether you're an experienced treasure hunter or a curious novice, the Treasure Coast offers an exhilarating journey into the depths of history. As you dig your toes in the sand and explore the waves, you'll find that the real treasure lies not just in the artifacts themselves, but in the adventures and stories waiting to be uncovered.

So, You have decided to get a pet... Now What??

Commitment and Time: Owning a pet is a long-term commitment. Before bringing a pet home, consider your lifestyle and ensure you have enough time to spend with your pet. Dogs, cats, and many other animals require attention, exercise, and mental stimulation.

Choose the Right Pet for Your Lifestyle: Different pets have varying needs, temperaments, and activity levels. Research and select a pet that fits well with your lifestyle, living situation, and family dynamics. Whether you choose a dog, cat, bird, fish, or any other animal, make sure you can provide for its specific needs.

Proper Nutrition: Feed your pet a balanced and nutritious diet suitable for their species and age. Consult with a veterinarian to determine the best food options for your pet's health and well-being.

Regular Exercise: Most pets need regular physical activity to stay healthy and happy. Engage in playtime and exercise with your pet daily, as it helps prevent obesity and provides mental stimulation.

Routine Veterinary Care: Schedule regular check-ups with a veterinarian to monitor your pet's health, get necessary vaccinations, and address any concerns. Early detection of health issues can often lead to better outcomes.

Spaying/Neutering: Consider spaying or neutering your pet if you don't plan on breeding. This helps control the pet population and can have health benefits for your pet.

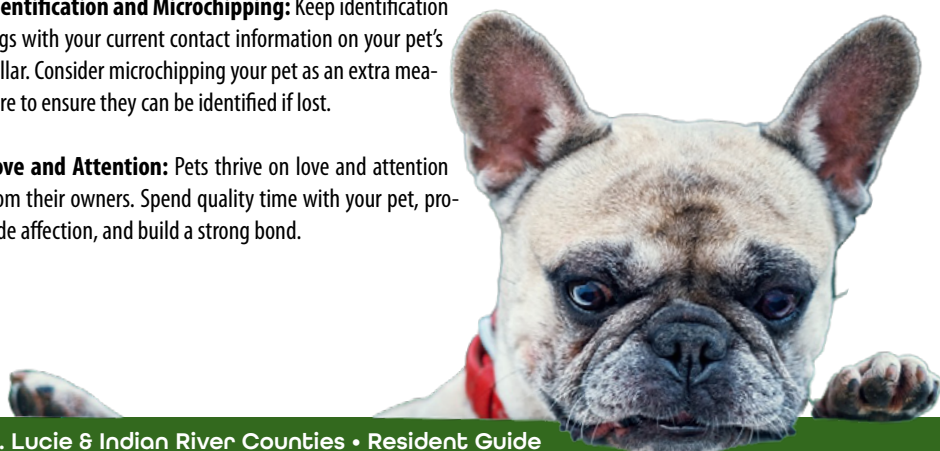
Training and Socialization: Properly train your pet to follow basic commands and have good manners. Socialize them with other animals and people from a young age to prevent behavioral issues later on.

Provide a Safe Environment: Ensure that your home and yard are safe for your pet. Remove hazards, keep toxic substances out of reach, and provide appropriate shelter from extreme weather conditions.

Grooming: Regular grooming is essential for most pets. Brush their fur, trim nails, and clean their ears as needed to keep them comfortable and healthy.

Identification and Microchipping: Keep identification tags with your current contact information on your pet's collar. Consider microchipping your pet as an extra measure to ensure they can be identified if lost.

Love and Attention: Pets thrive on love and attention from their owners. Spend quality time with your pet, provide affection, and build a strong bond.



Respect and Understanding: Learn to understand your pet's body language and behavior. Respect their boundaries and feelings, and avoid forcing them into uncomfortable situations.

Patience and Forgiveness: Pets, especially young ones, can be mischievous or have accidents. Be patient with them during the training process and forgive any mistakes they make along the way.

Emergency Preparedness: Have a plan in place for emergencies, including natural disasters. Know how to evacuate with your pet safely if needed.

If you have just rescued / adopted a new fur baby, please it is important to remember the 3-3-3 RULE:

3 Days:

In the first 3 days being in its new home, they will be feeling overwhelmed, scared & unsure of what is going on. They may also be uncomfortable being "themselves", and may not want to eat or drink. They may want to "shut down" or hide under a bed or in a crate, and they will test boundaries.

3 Weeks:

At this point, they may be a lot more comfortable & settling in. Learning a new routine can be overwhelming, so please be patient. By now they may have figured out the new environment & accepted that this may be their FURever home. Their personality traits will start to show, as well as any behavior issue that may be present.

3 Months:

For most fur babies, 3 months is enough time to finally be comfortable and begin to build trust and a true bond. A sense of security may be present & a set routine will help this process.

Please know that this is not the rule with every rescued or adopted pet, as some may need 6 months to a year to adjust & adapt, depending on MANY factors. Age of animal, what type of an environment did they come from?

Barkley Square Dog Park

1010 N. Ridgewood Ave. | DeLand |
386-736-5953

Beck Ranch Dog Park

751 S. State Rd. | Osteen | 386-736-5953

Gemini Springs Dog Park

37 Dirksen Drive | DeBary
| 386-736-5953

Michael Crotty Bicentennial Dog Park

1800 N Oceanshore Blvd. |
Ormond-by-the-Sea |
386-736-5953

DOG PARKS



ST. LUCIE COUNTY ATTRACTIONS

2nd Street Art

131 N 2nd St. | Fort Pierce | 772-519-3760

A.E. Backus Museum & Gallery

500 N Indian River Dr. | Fort Pierce |
772-465-0630

Adams Ranch, Inc

26001 Orange Ave. | Fort Pierce |
772-579-9962

Beach Tours on Horseback

3800 S Ocean Dr. | Fort Pierce | 772-468-0101

BOWLERO

1600 NW Courtyard Cir. | Port St. Lucie |
772-626-6655

Card House Port St. Lucie

6666 US-1 | Port St. Lucie | 772-348-0547

Causeway Cove Marina

601 Seaway Dr. | Fort Pierce | 772-242-3552

Christopher Gunkel Art Studio

223 N 2nd St #1 | Fort Pierce | 772-634-0383

Dolphin Watch Boat Tours

613 N Causeway | Fort Pierce | 772-464-6673

Downtown Farmers Market of Ft.

Pierce, Inc

101 Melody Ln. | Fort Pierce | 772-940-1145

Escape Room PSL

1022 SE Port St. Lucie Blvd. | Port St. Lucie |
772-626-6655

FAU Harbor Branch Ocean Discovery

Visitors Center

5600 US-1 | Fort Pierce | 772-242-2293

Florida Highwaymen Heritage Trail

482 N Indian River Dr. | Ft. Pierce

Florida Sports Hall of Fame

9221 SE Event | Port St. Lucie | 772-871-5225

Get Up and Go Kayaking Fort Pierce

905 Shorewinds Dr. | Fort Pierce |
772-877-1958

Harmony Music Bar

116 Ave. A | Fort Pierce | 561-320-7894

Heathcote Botanical Gardens

210 Savannah Rd. | Ft. Pierce | 772-464-4672

Indian River Lagoon Boat Tours

1 Avenue A | Fort Pierce | 772-464-4445

Invincibles Paintball Park

2221 SW Del Rio Blvd. | Port St. Lucie |
772-812-0000

IRSC Hallstrom Planetarium

3209 Virginia Ave. | Fort Pierce |
772-462-4750

IRSC Performing Arts Center

Virginia Ave. | Fort Pierce | 772-462-7810

Lawnwood Skatepark

2100 Virginia Ave. | Fort Pierce |
772-462-1523

Lawnwood Tennis Center

1302 Virginia Ave. | Fort Pierce

Lisa Jill Allison Art Gallery

111 Orange Ave. | Fort Pierce | 772-361-9488

Manatee Observation & Education

Center

480 N Indian River Dr. | Fort Pierce |
772-429-6266

MID Florida Event Center 7 Art Gallery

9221 SE Event Center Pl. | Port St. Lucie |
772-807-4488

Motorized Kayak Adventures

613 N Causeway | Fort Pierce | 772-380-6815

Nelson Family Farms

875 Midway Rd. | Fort Pierce | 772-464-2100

Oxbow Eco Center

5400 NE St. James Dr. | Port St. Lucie |
772-785-5833

Pineapple Playhouse

700 W Weatherbee Rd. | Fort Pierce |
772-465-0366

Pop Stroke

11070 SW Village Pkwy. | Fort St. Lucie |
772-800-6001

Port St. Lucie Botanical Gardens

2410 SE Westmoreland Blvd. | Port St. Lucie |
772-337-1959

Port St. Lucie History Museum & Educa- tion Center

2454 SE Westmoreland Blvd. | Port St. Lucie

River Lilly Cruises

500 E Prima Vista Blvd. | Port St. Lucie |

772-489-8344

Rivers Too Ocean Kayaking

4743 N Hwy. A1A | Fort Pierce |
334-663-6624

Salty's Watersports - Causeway Cove

601 Seaway Dr. #1 | Fort Pierce |
772-448-4516

Salty's Watersports - Sandpiper Bay

4500 SE Pine Valley St. | Port St. Lucie |
772-448-4516

Shell Bazaar

10100 S Federal Hwy. | Port St. Lucie |
772-335-5616

Shooter's Billiards

8942 US Hwy. 1 | Port St. Lucie |
772-800-7777

SkyZone Trampoline Park

440 NW Peacock Blvd. | Port St. Lucie |
772-236-0970

Southern Style Airboat Tours

3117 W Pixie Blvd. | Fort Pierce |
772-205-1057

Sunrise City Adventures

905 Shorewinds Dr. | Fort Pierce |
772-202-8688

Sunrise Theater

117 2nd St. | Fort Pierce | 772-461-4775

St. Lucie Ballet Education in the Art of Dance

1725 SW Biltmore St. | Port St. Lucie |
772-708-0800

St. Lucie County Aquarium

420 Seaway Dr. | Fort Pierce | 772-462-3474

St. Lucie County Regional History Center

414 Seaway Dr. | Fort St. Pierce |
772-462-1795

St. Lucie Historical Society / Bud Adams- Cobb Cultural Center

100 Avenue A | Fort Pierce
Historical Society | 772-461-8020
Bud Adams-Cobb Center | 772-462-1795

St. Lucie Lanes

6759 US-1 | Port St. Lucie | 772-241-9262

The Galleria of Pierce Harbor

100 S 2nd St. | Fort Pierce | 772-801-5729

The Landing at Tradition

10512-10914 SW Village Pkwy. | Port St.
Lucie | 724-772-1877

The National Navy UDT- Seal Museum

3300 N Hwy. A1A | Fort Pierce |
772-595-5845

The Vault in DT Fort Pierce

111 Orange Ave. | Fort Pierce | 772-776-2787

Touchstar Cinemas - Sabal Palms

2539 S US Hwy. 1 | Fort Pierce |
772-828-3663

Town Center at St. Lucie West

1789 St. Lucie W Blvd. | Port St. Lucie

Tradition Square

10489 SW Meeting St. | Port St. Lucie

Treasure Coast Model Railroad

273 SW Becker Rd. | Port St. Lucie |
772-621-9636

Treasure Coast Park & Watch

601 Seaway Dr. | Fort Pierce | 772-222-7570

Treasure Coast Pottery

6911 Heritage Dr. | Port St. Lucie |
772-237-5638

Treasure Coast Theater

10175 S Federal Hwy. | Port St. Lucie |
772-418-2439

Urban Air Trampoline & Adventure Park

9020 S Us Hwy. 1 | Port St. Lucie |
772-408-9349

Zoey Alyssa Art

229 Avenue A | Fort Pierce

INDIAN RIVER COUNTY ATTRACTIONS

Admiralty Gallery

3315 Ocean Dr. | Vero Beach | 772-231-3178

Airboat Wilderness Rides

CR512 | Sebastian | 772-589-3278

Art on 18th

1365 18th St. | Vero Beach | 772-538-5532

Artists Guild Gallery

1974 14th Ave. | Vero Beach | 772-299-1234

Ballet Vero Beach

1707 16th St. | Vero Beach | 772-269-1065

Bethel Creek House of Refuge

4405 A1A Jimmy Buffett Memorial Hwy. |
Vero Beach

Big Shots Golf Vero Beach

3456 US-1 | Vero Beach | 772-929-4653

Birthplace for Equal Suffrage For

Women in FL

Fellsmere

Blue Cypress Rec Area

CR 512 | Vero Beach | 772-584-0089

Breconshire Marker

3000 Ocean Dr. | Vero Beach

City of Fellsmere Historical Marker

Fellsmere

Cultural Council of Indian River County

1216 21st St. #1 | Vero Beach | 772-770-4857

Deep Six Dive & Watersports

416 21st St. | Vero Beach | 772-562-2883

Disney's Vero Beach Resort

92501 Island Grove Ter. | Vero Beach |
772-234-2000

Ditch 13 Gallery & Gifts

46 N Broadway St. | Fellsmere |
772-918-8467

Environmental Learning Center

255 Live Oak Dr. | Vero Beach | 772-589-5050

Florida Airboat Excursions

Co. Rd. 512 | Vero Beach | 772-224-5820

Gallery 14

1911 14th Ave. | Vero Beach | 772-562-5525

Gallery of Hope

2036 14th Ave. | Vero Beach | 772-643-6994

Gator Bait Airboat Adventures Area

CR-512 | Vero Beach | 772-766-2629

Gifford Historical Museum

2880 45th St. | Vero Beach

Hallstrom House

2336 14th Ave. | Vero Beach | 772-778-3435

Heathcote Botanical Gardens

210 Savannah Rd. | Fort Pierce |
772-464-4672

Highwaymen Gallery

1951 Old Dixie Hwy. | Vero Beach |
772-562-2959

Indian River Citrus Museum

2140 14th Ave. | Vero Beach | 772-770-2263

Indian River County Visitor Center

1216 21st St. | Vero Beach | 772-567-3491

Intrepid Art Gallery

1090 12th St. | Vero Beach | 772-501-1650

Jackie Robinson Training Complex

3901 26th St. | Vero Beach | 772-257-8557

Jai Stringer Gallery of Fine Art

3465 Ocean Dr. | Vero Beach | 772-231-3900

Koman Fine Art

3225 Cardinal Dr. | Vero Beach | 772-231-4500

LaPorte Farms

7700 129th St. | Sebastian | 772-633-0813

Laughing Dog Gallery

2910 Cardinal Dr. | Vero Beach |
772-234-6711

Main Street Vero Beach

2036 14th Ave. #103 | Vero Beach |
772-643-6782

McKee Botanical Gardens

350 US Hwy. 1 | Vero Beach | 772-794-0601

Meghan Candler Gallery

6160 Hwy. A1A | Vero Beach | 772-234-8811

Mel Fisher Museum

1322 US Hwy. 1 | Sebastian | 772-589-9875

MSVB Studios

2036 14th Ave. | Vero Beach | 772-480-0243

North County Aquatic Center

9450 CR 512 | Sebastian | 772-226-1752

Riverside Theater

3250 Riverside Park Dr. | Vero Beach |
772-231-5860

Riverview Park Splash Pad

600 US Hwy. 1 | Sebastian | 772-228-7054

Safari Golf & Games

455 9th St. W | Vero Beach | 772-562-6492

Stumpknocker Airboat Tours

CR 512 | Vero Beach | 772-778-9654

The Emerson Center

1590 27th Ave. | Vero Beach | 772-778-5249

Tiger Lily Art

1903 14th Ave. | Vero Beach | 772-778-3443

Vero Beach Art Club

3001 Riverside Park Dr. | Vero Beach |
772-231-0303

Vero Beach Outlets

1824 94th Dr. | Vero Beach | 772-770-6097

Vero Beach Theater Guild

2020 San Juan Ave. | Vero Beach |
772-562-3300

Vero Bowl

929 14th Ave. | Vero Beach | 772-299-7467

Vero Equine Riding Academy, LLC

8130 8th St. | Vero Beach | 772-532-7720

Vero Tackle & Watersports

3321 Bridge Plaza Dr. | Vero Beach |
772-234-9585

A NEW BEGINNING GOLF TOURNAMENT

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Health Benefits of the Outdoors



Spending time in nature offers numerous benefits for physical, mental, and emotional well-being.

Stress Reduction: Nature has a calming effect on the mind and body, helping to reduce stress levels. The peaceful surroundings, fresh air, and natural beauty can lower cortisol levels, decrease heart rate, and promote relaxation.

Improved Mental Health: Being in nature is associated with improved mood and mental health. Studies have shown that spending time outdoors can reduce symptoms of anxiety, depression, and other mental health disorders. Nature provides a sense of tranquility and perspective, which can help alleviate negative thoughts and emotions.

Increased Physical Activity: Nature encourages physical activity, whether it's hiking, biking, walking, or simply exploring outdoor spaces. Engaging in outdoor activities promotes exercise, which is essential for maintaining physical health and fitness. Additionally, being in nature often involves exposure to sunlight, which helps the body produce vitamin D and supports overall well-being.

Enhanced Creativity & Cognitive Function: Nature stimulates creativity and cognitive function. Research suggests that spending time in natural environments can improve problem-solving skills, boost creativity, and enhance concentration and focus. Nature provides a rich sensory experience that activates different parts of the brain, fostering cognitive development and innovation.

Connection with the Environment: Spending time in nature fosters a deeper connection with the environment and promotes environmental stewardship. When people experience the beauty and wonder of nature firsthand, they are more likely to develop a sense of appreciation and respect for the natural world. This connection can lead to greater awareness of environmental issues and a desire to protect and preserve natural habitats for future generations.

Overall, being in nature offers a multitude of benefits for both physical and mental well-being, making it essential for maintaining a healthy and balanced lifestyle.

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